

SENIOR BUFFET 14TH MAY - 18TH MAY . 2023				W-3
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY
Dairy				Wrap & Roll / Dairy
Laban	Milk	Laban	Milk	Laban
Low Fat Yoghurt	Laban	Low Fat Yoghurt	Laban	Low Fat Yoghurt
Bread Basket				Wrap & Rolls / Bread
Arabic Brown Bread	Arabic Brown Bread	Arabic Brown Bread	Arabic Brown Bread	Paprika Pimento Roll
Slice Brown Bread	Slice Brown Bread	Slice Brown Bread	Slice Brown Bread	
Make Your Own Salad				Wraps & Roll / Salad
Assorted Lettuce	Assorted Lettuce	Assorted Lettuce	Assorted Lettuce	Assorted Lettuce
Boiled Egg	Grilled Chicken	Feta Cheese	Boiled Egg	Mazzarella Cheese
Boiled Corn	Cucumber	Carrot	Green Cabbage	Cucumber
Carrot	Tomato	Corn	Beetroot	Tomato
Red Cabbage	Green Peas	Broccoli	Boiled Marrow	Jalapino Pepper
Lemon Olive Oil	Lemon Olive Oil	Lemon Olive Oil	Lemon Olive Oil	Lemon Olive Oil
Italian Vinaigrette	Italian Vinaigrette	Italian Vinaigrette	Italian Vinaigrette	Italian Vinaigrette
Orange Vinaigrette	Caesar Dressing	Orange Vinaigrette	Caesar Dressing	Thousand Island Dressing
Salads				Wrap & Roll / Salad
Tomato Salsa	Hummus	Labneh Olive	Mutabal	Tomato Salsa
Baladi Salad	Beetroot & Apricot Orange Salad	Oriental Salad	Garden Salad	Nachos Chips
French Lentil Salad	Black Eye Beans & Peas Salad	Chickpeas & Quinoa Salad	Mexican Salad	Greek Salad
Soup				Wrap & Roll Soup
Pumpkin Broth	Lentil Soup	Harira Soup	Pumpkin Rosemary Broth	Roasted Tomato Soup
Main Course				Wrap & Roll / Main Cours
Beef Machboos	Butter Chicken	Beef Stew	Chicken Pasta In Pink Sauce	Beef Quesadilla
Chicken Ball Stew	Irish Beef	Chicken & Broccoli Morney	Beef Roulade	Chicken Fajita Wrap
Fish In Oyster Sauce	Fish Tandoori	Baked Cajun Fish Finger	Fish Harrah	Fish Roulad Pepper Sauce
Ratatouille Gratin	Muffaraka	Spinach Beans Casserole	Mix Beans Stew	Beans Burrito
Starch				Wrap & Roll / Starch
Roasted Potato	Coriander Potato	Harra Potato	Shabbat Potato	Potato Wedges
Steamed Rice	Steamed Rice	Steamed Rice	Steamed Rice	Steamed Rice
Fruits				Wrap & Roll / Fruit
Cut Fruits	Cut Fruits	Cut Fruits	Cut Fruits	Cut Fruits
Whole Fruit	Whole Fruit	Whole Fruit	Whole Fruit	Whole Fruit

SENIOR BUFFET 21ST MAY - 25TH MAY . 2023				W-4
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY
Dairy				Burger Day / Dairy
Milk	Laban	Milk	Laban	Milk
Laban	Low Fat Yoghurt	Laban	Low Fat Yoghurt	Laban
Bread Basket				Buger Day / Bread
Arabic Brown Bread	Arabic Brown Bread	Arabic Brown Bread	Arabic Brown Bread	Burger Buns
Slice Brown Bread	Slice Brown Bread	Slice Brown Bread	Slice Brown Bread	
Make Your Own Salad				Buger Day / Salad Bar
Assorted Lettuce	Assorted Lettuce	Assorted Lettuce	Assorted Lettuce	Assorted Lettuce
Grilled Chicken	Cheddar Cheese	Boiled Egg	Feta Cheese	Cheddar Cheese
Corn Boiled	Cucumber	Green Cabbage	Corn Boiled	Cucumber
Carrot	Tomato	Beetroot	Corn	Tomato
Olives	Red Cabbage	Boiled Marrow	Broccoli	Green Peas
Lemon Olive Oil	Lemon Olive Oil	Lemon Olive Oil	Lemon Olive Oil	Lemon Olive Oil
Italian Vinaigrette	Italian Vinaigrette	Italian Vinaigrette	Italian Vinaigrette	Italian Vinaigrette
Caesar Dressing	Orange Vinaigrette	Caesar Dressing	Orange Vinaigrette	Caesar Dressing
Salads				Burger Day / Compound Salad
Hummus	Mutabal	Labneh Beetroot	Tomato Salsa	Home- Made Ketchup
Classic Three Beans Salad	Shirazi Salad	Chickpea and Couscous	Pasta Salad	Coleslaw Salad
Caesar Salad	Olive & Mix Cabbage Salad	Greek Salad	Caesar Salad	Fattoush
Soup				Burger Day / Soup
Brown Lentil Soup	Spinach and Corn Soup	Roasted Vegetable Soup	Broccoli Soup	Lentil Soup
Main Course				Burger Day / Main Course
Spaghetti Bolognese	Baked Chicken Finger	Dawood Basha	Chicken Machboos	Beef Burger
Grilled Chicken & Rosemary Jus	Meat Ball Stew	Fish Sayadieh	Beef with Oyster Sauce	Chicken Burger
Green Pepper Fish	Pesto Grilled Fish	Chicken Tajin	7 Spicy Baked Fish	Lemon Grilled Fish
Sautee Okra	Vegetabls Salona	SabaneKh Bil Hummus	Red Bean Stew	Vegetable Burger
Starch				Burger Day / Starch
Mashed Potato	Roasted Potato	Harra Potato	Parsley Potato	Potato Straw
Steamed Rice	Steamed Rice	Steamed Rice	Steamed Rice	
Fruits				Burger Day / Fruit
Cut Fruits	Cut Fruits	Cut Fruits	Cut Fruits	Cut Fruits
Whole Fruit	Whole Fruit	Whole Fruit	Whole Fruit	Whole Fruit