



SENIOR BUFFET 28TH MAY - 01TH JUNE . 2023				W-1
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY
Dairy				Biryani Day / Dairy
Laban	Milk	Laban	Milk	Laban
Low Fat Yoghurt	Laban	Low Fat Yoghurt	Laban	Low Fat Yoghurt
Bread Basket				Biryani Day / Bread
Arabic Brown Bread	Arabic Brown Bread	Arabic Brown Bread	Arabic Brown Bread	Arabic Brown Bread
Tomato Bread Roll	Soft Bread Roll	Pesto Roll	Burger Buns	Baked Instand Papad
Make Your Own Salad				Biryani Day / Salad Bar
Assorted Lettuce	Assorted Lettuce	Assorted Lettuce	Assorted Lettuce	Assorted Lettuce
Halloumi Cheese	Feta Cheese	Grilled Chicken	Boiled Egg	Chicken Tikka
Cucumber	Carrot	Cucumber	Carrot	Cucumber
Boiled Corn	Broccoli	Boiled Corn	Broccoli	Corn
Tomato	Red Redish	Olive	Red Redish	Tomato
Lemon Olive Oil	Lemon Olive Oil	Lemon Olive Oil	Lemon Olive Oil	Lemon Olive Oil
Italian Vinaigrette	Italian Vinaigrette	Italian Vinaigrette	Italian Vinaigrette	Italian Vinaigrette
Orange Vinaigrette	Caesar Dressing	Orange Vinaigrette	Caesar Dressing	Mint Sauce
Salads				Biryani Day / Salad
Baba Ghanoush	Hummus	Garlic Paste	Homemade Ketchup	Cucumber Raita
Baladi Salad	Cesar Salad	Oriental Salad	Garden Salad	Patato Chaat Salad
Chickpeas & Quinoa Salad	Black Eye Beans & Peas Salad	Fattoush Salad	Mexican Salad	Kachumber Salad
Soup				Biryani Day / Soup
Roasted Tomato Soup	Lentil Soup	Harira Soup	Pumpkin Rosemary Broth	Lentil Soup
Main Course				Biryani Day / Main Course
Chicken Pasta In Pinks Sauce	Beef Stew	Chicken Kofta	Beef Burger	Chicken Biryani
Irish Beef	Chicken & Broccoli Morney	Beef Ball Stew	Baked Chicken Finger	Beef Biryani
Baked Fish Provencel	Baked Cajun Fish Finger	Herb Grilled Fish	Fish In Oyster Sauce	Fish Tikka Biryani
Veg Mousaka	Spinach Beans Casserole	Vegetabls Tajin	Black Eye Bean Stew	Vegetables Biryani
Starch				Biryani Day / Starch
Parsley Potato	Harra Potato	Roasted Potato	Potato Straws	Cumin Potato
Steamed Rice	Steamed Rice	Steamed Rice	Steamed Rice	Steamed Rice
Fruits				Biryani Day / Fruit
Cut Fruits	Cut Fruits	Cut Fruits	Cut Fruits	Carrot Cake
Whole Fruit	Whole Fruit	Whole Fruit	Whole Fruit	Whole Fruit



SENIOR BUFFET 04TH JUNE - 08TH JUNE . 2023				W-2
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY
Dairy				Pastas Day / Dairy
Milk	Laban	Milk	Laban	Milk
Laban	Low Fat Yoghurt	Laban	Low Fat Yoghurt	Laban
Bread Basket				Pastas Day / Bread
Arabic Brown Bread	Arabic Brown Bread	Arabic Brown Bread	Arabic Brown Bread	Olive Focaccia Roll
Whole Grain Buns	Pesto Roll	Burger Buns	Whole Grain Buns	
Make Your Own Salad				Pastas Day / Salad
Assorted Lettuce	Assorted Lettuce	Assorted Lettuce	Assorted Lettuce	Assorted Lettuce
Grilled Chicken	Feta Cheese	Boiled Egg	Grilled Chicken	Parmesan Cheese
Carrot	Cucumber	Carrot	Cucumber	Olive
Broccoli	Boiled Corn	Broccoli	Boiled Corn	Broccoli
Tomato	Boiled Beetroot	Tomato	Boiled Beetroot	Tomato
Lemon Olive Oil	Lemon Olive Oil	Lemon Olive Oil	Lemon Olive Oil	Lemon Olive Oil
Italian Vinaigrette	Italian Vinaigrette	Italian Vinaigrette	Italian Vinaigrette	Italian Vinaigrette
Caesar Dressing	Orange Vinaigrette	Caesar Dressing	Orange Vinaigrette	Green Goddess Dressing
Salads				Pastas Day / Salad
Mutabal	Hummus	Home-Made Ketchup	Tomato Salsa	Chicken Pasta Salad
Shirazi Salad	Classic Three Beans Salad	Chickpea and Couscous	Caesar Salad	
Caesar Salad	Fattoush	Greek Salad	Olive & Mix Cabbage Salad	Greek Salad
Soup				Pastas Day / Soup
Brown Lentil Soup	Spinach and Corn Soup	Roasted Vegetable Soup	Broccoli Soup	Minestori Soup
Main Course				Pastas Day / Main Course
Dawood Basha	Butter Chicken	Beef Burger	Chicken Machboos	Spaghetti Bolognese
Grilled Chicken & Rosemary Jus	Fish Sayadieh	Chicken Tajin	Beef Oysters Sauce	Chicken Pasta Alfredo Sauce
7 Spicy Grilled Fish	Beef Roulade	Pesto Grilled Fish	Green Pepper Fish	Grilled Fish Lemon Butter Sauce
Red Bean Stew	Mufaraka	Spinach Lentil	Mujaddara	Fussili Al Aglio olio
Starch				Pastas Day / Starch
Parsely Potato	Mashed Potato	Potato Straw	Shobat Potato	Roasted Potato
Steamed Rice	Steamed Rice	Steamed Rice	Steamed Rice	
Fruits				Pastas Day / Fruit
Cut Fruits	Cut Fruits	Cut Fruits	Cut Fruits	Vanilla Cake
Whole Fruit	Whole Fruit	Whole Fruit	Whole Fruit	Whole Fruit



SENIOR BUFFET 11TH JUNE - 15TH JUNE . 2023				W-3
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY
Dairy				Biryani Day / Dairy
Laban	Milk	Laban	Milk	Laban
Low Fat Yoghurt	Laban	Low Fat Yoghurt	Laban	Low Fat Yoghurt
Bread Basket				Biryani Day / Bread
Arabic Brown Bread	Arabic Brown Bread	Arabic Brown Bread	Arabic Brown Bread	Arabic Brown Bread
Tomato Bread Roll	Soft Bread Roll	Pesto Roll	Burger Buns	Baked Instand Papad
Make Your Own Salad				Biryani Day / Salad Bar
Assorted Lettuce	Assorted Lettuce	Assorted Lettuce	Assorted Lettuce	Assorted Lettuce
Halloumi Cheese	Feta Cheese	Grilled Chicken	Boiled Egg	Chicken Tikka
Cucumber	Carrot	Cucumber	Carrot	Cucumber
Boiled Corn	Broccoli	Boiled Corn	Broccoli	Corn
Tomato	Red Redish	Olive	Red Redish	Tomato
Lemon Olive Oil	Lemon Olive Oil	Lemon Olive Oil	Lemon Olive Oil	Lemon Olive Oil
Italian Vinaigrette	Italian Vinaigrette	Italian Vinaigrette	Italian Vinaigrette	Italian Vinaigrette
Orange Vinaigrette	Caesar Dressing	Orange Vinaigrette	Caesar Dressing	Mint Sauce
Salads				Biryani Day / Salad
Baba Ghanoush	Hummus	Garlic Paste	Homemade Ketchup	Cucumber Raita
Baladi Salad	Cesar Salad	Oriental Salad	Garden Salad	Patato Chaat Salad
Chickpeas & Quinoa Salad	Black Eye Beans & Peas Salad	Fattoush Salad	Mexican Salad	Kachumber Salad
Soup				Biryani Day / Soup
Roasted Tomato Soup	Lentil Soup	Harira Soup	Pumpkin Rosemary Broth	Lentil Soup
Main Course				Biryani Day / Main Course
Chicken Pasta In Pinks Sauce	Beef Stew	Chicken Kofta	Beef Burger	Chicken Biryani
Irish Beef	Chicken & Broccoli Morney	Beef Ball Stew	Baked Chicken Finger	Beef Biryani
Baked Fish Provencel	Baked Cajun Fish Finger	Herb Grilled Fish	Fish In Oyster Sauce	Fish Tikka Biryani
Veg Mousaka	Spinach Beans Casserole	Vegetabls Tajin	Black Eye Bean Stew	Vegetables Biryani
Starch				Biryani Day / Starch
Parsley Potato	Harra Potato	Roasted Potato	Potato Straws	Cumin Potato
Steamed Rice	Steamed Rice	Steamed Rice	Steamed Rice	Steamed Rice
Fruits				Biryani Day / Fruit
Cut Fruits	Cut Fruits	Cut Fruits	Cut Fruits	Carrot Cake
Whole Fruit	Whole Fruit	Whole Fruit	Whole Fruit	Whole Fruit



SENIOR BUFFET 18TH JUNE - 22TH JUNE . 2023					W-4
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	
Dairy					Pastas Day / Dairy
Milk	Laban	Milk	Laban	Milk	
Laban	Low Fat Yoghurt	Laban	Low Fat Yoghurt	Laban	
Bread Basket					Pastas Day / Bread
Arabic Brown Bread	Arabic Brown Bread	Arabic Brown Bread	Arabic Brown Bread	Olive Focaccia Roll	
Whole Grain Buns	Pesto Roll	Burger Buns	Whole Grain Buns		
Make Your Own Salad					Pastas Day / Salad
Assorted Lettuce	Assorted Lettuce	Assorted Lettuce	Assorted Lettuce	Assorted Lettuce	
Grilled Chicken	Feta Cheese	Boiled Egg	Grilled Chicken	Parmesan Cheese	
Carrot	Cucumber	Carrot	Cucumber	Olive	
Broccoli	Boiled Corn	Broccoli	Boiled Corn	Broccoli	
Tomato	Boiled Beetroot	Tomato	Boiled Beetroot	Tomato	
Lemon Olive Oil	Lemon Olive Oil	Lemon Olive Oil	Lemon Olive Oil	Lemon Olive Oil	
Italian Vinaigrette	Italian Vinaigrette	Italian Vinaigrette	Italian Vinaigrette	Italian Vinaigrette	
Caesar Dressing	Orange Vinaigrette	Caesar Dressing	Orange Vinaigrette	Green Goddess Dressing	
Salads					Pastas Day / Salad
Mutabal	Hummus	Home-Made Ketchup	Tomato Salsa	Chicken Pasta Salad	
Shirazi Salad	Classic Three Beans Salad	Chickpea and Couscous	Caesar Salad		
Caesar Salad	Fattoush	Greek Salad	Olive & Mix Cabbage Salad	Greek Salad	
Soup					Pastas Day / Soup
Brown Lentil Soup	Spinach and Corn Soup	Roasted Vegetable Soup	Broccoli Soup	Minestori Soup	
Main Course					Pastas Day / Main Course
Dawood Basha	Butter Chicken	Beef Burger	Chicken Machboos	Spaghetti Bolognese	
Grilled Chicken & Rosemary Jus	Fish Sayadieh	Chicken Tajin	Beef Oysters Sauce	Chicken Pasta Alfredo Sauce	
7 Spicy Grilled Fish	Beef Roulade	Pesto Grilled Fish	Green Pepper Fish	Grilled Fish Lemon Butter Sauce	
Red Bean Stew	Mufaraka	Spinach Lentil	Mujaddara	Fussili Al Aglio olio	
Starch					Pastas Day / Starch
Parsely Potato	Mashed Potato	Potato Straw	Shobat Potato	Roasted Potato	
Steamed Rice	Steamed Rice	Steamed Rice	Steamed Rice		
Fruits					Pastas Day / Fruit
Cut Fruits	Cut Fruits	Cut Fruits	Cut Fruits	Vanilla Cake	
Whole Fruit	Whole Fruit	Whole Fruit	Whole Fruit	Whole Fruit	